## The Sensory Search

See	Positives +	Negatives -



Taste	Positives +	Negatives -

Touch	Positives +	Negatives -

Schedule online or email to connect with Sav!





## **Sensory Search Session**

Hear	Positives +	Negatives -

Smell	Positives +	Negatives -

Now let's think about how your morning starts and how your day ends. These are some of the most significant transitions each day.

In the morning I will	In the evening I will



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